

## “Rehabilitation, Programs, and Reforms in Custodial Institutions”

### Need for Episode Topic

In-custody rehabilitation programs offer some assistance but cannot reduce recidivism alone.

Both carceral staff and residents desire more quality and quantity in-prison/jail treatment options for residents.

Research suggests some important findings related to programming and recidivism.

### Key Episode Takeaways

- ✓ The evidence base regarding carceral programs is not as good as some think, but we do know a bit about what works and what does not. Individual and community factors create barriers and opportunities for desistance.
- ✓ The U.S. can learn from global harm reduction efforts in prisons in non-U.S. countries.

### Research Science Cited in this Episode

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- Timler, K., Brown, H., & Varcoe, C. (2019). Growing connection beyond prison walls: How a prison garden fosters rehabilitation and healing for incarcerated men. *Journal of Offender Rehabilitation*, 58(5), 444–463.